

PEELINGS

AND

MASKS

BRIGHT FEELINGS

STEP INTO THE LIGHT
BY AEGEO SPAS



CRETAN HERBS SCRUB

25 MIN

FORMING CHAMAELEON

Your skin feels like velvet with the first application. Cretan herbs dictamnus and sage have cleansing and detoxifying properties and stimulate blood circulation.

MILD BODY SCRUB

25 MIN

PILLARS OF CREATION

Surrender to a unique touch of silk that captivates your senses. Leaves your skin feeling clean and soft like velvet.

ALOE VERA BODY MASK

25 MIN

COSMIC REEF

The beneficial properties of Cretan aloe vera moisturise and remove all irritation from the skin. The result is a moisturised, radiant, and soft complexion.

MUD BODY RENEWAL

25 MIN

ORION THE HUNTER

Our mud mask contains trace minerals that detoxify and rejuvenate your complexion, while stimulating blood circulation. It quickly relieves muscular aches and tightness and is particularly soothing for rheumatism and various skin conditions.

MASSAGE

EXPERIENCES

CANVAS OF SHADES

STEP INTO THE LIGHT
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CRETAN MASSAGE

70 MIN

PURPLE AMETHYST STRENGTH

A deep massage with a Cretan olive oil base, raki and orange extracts. Travel back in time through techniques developed to invigorate and balance the mind and the body.

BACK NECK AND SCALP MASSAGE

40 MIN

GREEN MALACHITE REJUVENATION

Enjoy a highly relaxing back, neck, and scalp massage to relieve your everyday tension and stress.

ANTI-STRESS MASSAGE

55 MIN

PINK QUARTZ BALANCE

A gentle massage to relieve your stress and restore equilibrium, with lavender from the Kozani region to moisturise your skin and relax your mind and body. Eases anxiety and leaves you feeling rested.



DEEP TISSUE MASSAGE

60 MIN

RED AVENTURINE POWER

A vigorous, full-body massage to relieve muscular pain and work out stiffness. A powerful experience designed exclusively to improve the body's suppleness and blood circulation.

BODY SCULPTURE MASSAGE

45 MIN

BLUE QUARTZ LOVE

A deep body massage with oil infused with red grape extract from the Kavala region. Eliminates orange-peel skin and has slimming and firming properties.

TAILOR MADE MASSAGE

25 MIN

ORANGE AGATE PLEASURE (FACE / FEET / BACK)

A tailor-made experience for all ages. Create your own massage routine according to your personal needs and desires.



FACE

EXPERIENCES

AURORA ZONE

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REJUVANCE MASSAGE

30 MIN

NIGHT SKY VIEW

A lymphatic drainage massage that stimulates microcirculation and removes puffiness from under the eyes.

HYDRATING MASSAGE

45 MIN

SOLAR SYSTEM

The powerful combination of avocado from Chania and Cretan olive oil with a revitalising face massage offers you a unique moisturising feeling.

KOBIDO TREATMENT

70 MIN

CELESTIAL DRAGON

Begin your journey with us through unique rituals that leave your complexion rejuvenated, radiant and revitalised by using products chosen especially to fit your needs. Kobido is an ancient face massage technique that stimulates blood circulation, oxygenates tissues, smooths away wrinkles and nourishes your skin.



ICE EFFECT TREATMENT

60 MIN

AIRGLOW

The ice effect results in an unblemished, toned face from the first visit. Bilberries from the Drama region, known for their highly antioxidant effect, give you the radiant complexion you desire and help your face regain its firmness.

BLACK LAVA - FACE TREATMENT

45 MIN

THE ZODIACAL LIGHT

A soft facial cleansing for a matte, shine-free result. Leaves a smooth, radiant, and pristine complexion.

FACE YOGA MASSAGE

25 MIN

FILM ERA

A uniquely natural method to reduce signs of ageing and tension in your face. Light pressure applied to the face and neck increases the flow of energy and reduces tension to bring out a youthful glow. The skin becomes firmer and more elastic. This method stimulates lymph flow, increases collagen and elastin production and removes toxins. Immediately diminishes dark circles under the eyes.



SIGNATURE

EXPERIENCES

HIGHLIGHTS

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BODY - FACE EXPERIENCE

80X2 MIN

COUPLES ESCAPE

The ultimate relaxation and renewal treatment for two. Enjoy a unique experience through a complete massage for the whole body according to your own needs, combined with body and face nourishment that sets you free from anxiety and stress of everyday life.

SCENTED WITH EVENING PRIMROSE OIL

60 MIN

NIGHT FEELING

Relaxing body massage combined with the art of aromatherapy. Feel the harmony in body and soul. The unique feeling of evening primrose oil with antioxidant and relaxing properties offers the ideal relaxation and nourishment to the skin.

HOT STONES MASSAGE

60 MIN

REBIRTH

Holistic alternative treatment with hot volcanic stones. Combination with oils and use of relaxing techniques that calm and balance the nervous system offering wellness and rejuvenation.

INDIAN SCALP MASSAGE

30 MIN

CROWN CHAKRA

Free yourself from tension with the unique muscle relaxation technique from India, a dynamic and tonic massage technique on the head, face, neck and shoulders.

WELLNESS

REJUVENATION

RELAXATION

